## Putnam County Swim Team Sign-ups for SUMMER!!!



The Putnam County Swim Team (PCST) is currently taking signups for our 2023 Summer Session. The Summer Session runs 5 weeks from **Monday, June 5**, the start day depending on the group. We offer groups for beginning competitive swimmers up to advanced USA Swimming levels.

**PCST is Putnam County's Swim Team**–We serve *all* students from *all* schools in our area, and we are proud to serve Putnam County first. Our program is over 40 years "young," and our coaches have both started recreational swimmers toward more fun in the pool and also helped champion swimmers to flourish.

Our groups are led by fully-certified coaches with hours of training in concepts of coaching as part of their preparation. All of our lead coaches have CPR Certification, Water Safety Certification, Athlete Protection Training, and have undergone an extensive background check. PCST's professionalism makes a difference. From our focus on fun to our success at developing fast swimming, **PCST leads the way!** 

Swim Assessment Nights	Questions? Contact Us
Group Assessment <i>required for <b>new</b> PCST swimmers</i> Wednesday, May 31, 2023, 5:00-6:30 pm at Greencastle High School's pool.	Email: pcstgriffins@gmail.com
You do not need to come to an assessment night if you have been a part of PCST before. Please contact us if you need help placing your child.	or Facebook: Putnam County Swim Team
Enter the pool by walking around outside by the football stadium to enter through the side pool door.	Online Registration <u>http://putnamcountyswimteam.teampages.com</u>
You must bring a copy of birth certificate, a swimsuit, goggles, and be ready to swim. Swimmers will not be allowed in the water without a copy of their birth certificate being presented.	New swimmers, please do not register until after group assessment night!!!!!

## \*\*\*\*Summer Fun Meets: Weds June 14, 21, & 28, 5 to 7 PM at GHS Pool\*\*\*\* –Lions and Grifflings Practices at GHS Pool; Eagles and Griffins at Robe Ann Park–

Programs	Start Date
<b>1. For beginners not already in a program, PCST recommends lessons through Greencastle Parks</b> These lessons are fun and effective and will be offered starting in June. Web link: <u>https://secure.rec1.com/IN/greencastle-in/catalog</u> Phone: (765) 301-9110.	June 5-16 June 9-30 July 10-21
1. Grifflings 2 \$48 Grifflings 2 is for swimmers on their way toward competitive swimming. This group works in a fun environment with plenty of instruction. Our teachers emphasize fun, stroke skills, and fitness development. Minimum qualification is the ability to swim 50 yards of either freestyle and backstroke. Grifflings 2 can participate in meets. USA Swim Flex membership required*–\$30 valid until December 31, 2023.	June 6 to July 6 T/Th 9:30 to 10:30 GHS Pool
2. Lions \$76 This class is for young swimmers able to swim 50 yards of freestyle and backstroke in repeated efforts. Lions emphasize fun, improving stroke quality, and fitness development. Lions are encouraged to join the fun of swim meets during spring and summer. USA Swim Flex membership required*–\$30 valid until December 31, 2023.	June 5 to July 7 M/W/F 9:30 to 10:30 GHS Pool
<b>3. Eagles \$110</b> This class is for middle schoolers able to swim 100 yards of freestyle and backstroke. The Eagles emphasize fun, stroke refinement, fitness, and competitive swimming. Lions are strongly encouraged to participate in spring and summer competition. USA Swim Full membership required*–\$88 valid until December 31, 2023.	June 5 to July 7 T, W, Th, F 7:30 to 9 AM Park Pool
<b>4. Griffins \$150</b> This class is for advanced swimmers skilled in all aspects of competitive swimming. The Griffins emphasize fitness and technique for all aspects of competitive swimming. USA Swim Full membership required*–\$88 valid until December 31, 2023.	June 5 to July 7 M to F 7:30 to 9:30 AM Park Pool

\*Substantial USA Swim free or reduced lunch discount available for all swimmers. \*\*Swimmers with current USA Swim membership are covered to December 31, 2023. Premium Membership upgrade (\$58) allows unlimited competition. Swimmers may upgrade membership any time. Scholarships are available for all programs, please contact us....